

Cereal para el Desayuno (Breakfast Cereal)

Caja o bolsa de 9 a 36 oz. Los artículos permitidos son solamente los mencionados.

No se permiten otros tamaños, sabores o variedades. Cereales que tienen ★ contienen 51% o más de granos integrales.

GF=Sin gluten (gluten free)

General Mills



- Cheerios ★ GF
- MultiGrain Cheerios ★ GF
- MultiGrain Cheerios with Real Strawberries ★ GF
- Berry Berry Kix ★
- Honey Kix ★
- Kix ★
- Total ★
- Wheaties ★
- Blueberry Chex GF
- Cinnamon Chex GF
- Corn Chex GF
- Rice Chex GF
- Wheat Chex ★

Jim Dandy



Iron Fortified Quick Grits

Kellogg's



- All Bran Complete Wheat Flakes ★
- Corn Flakes
- Cinnamon Corn Flakes
- Crispix
- Special K Original
- Special K Banana
- Special K Protein Original Multi-Grain ★
- Special K Protein Honey Almond Ancient Grains ★
- Rice Krispies
- Frosted Mini Wheats:
 - Original ★
 - Little Bites Original ★
 - Little Bites Chocolate ★
 - Blueberry ★
 - Cinnamon Roll ★
 - Strawberry ★
 - Pumpkin Spice ★

Post



- Great Grains:
 - Banana Nut Crunch
 - Crunchy Pecan
- Grape-Nuts ★
- Grape-Nuts Flakes ★
- Honey Bunches of Oats:
 - Honey Roasted
 - with Almonds
 - Vanilla
 - Maple & Pecans

Malt O Meal

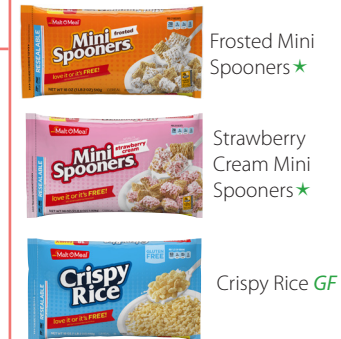


Hot Wheat Original Farina Original

Quaker



- Instant Grits Original
- Instant Oatmeal Original ★
- Oatmeal Squares:
 - Brown Sugar ★
 - Cinnamon ★
 - Golden Maple ★
 - Honey Nut ★
- Life:
 - Original ★
 - Vanilla ★
- 3 Minutos ★



Frosted Mini Spooners ★
Strawberry Cream Mini Spooners ★
Crispy Rice GF

Cualquier Marca de la Tienda o Marca de Ralston Foods de los siguientes:

- Bran Flakes ★
- Corn Flakes
- Corn Squares, Biscuits, Crisps, or Bites
- Crisp Rice/Crispy Rice
- Crispy Hexagons (Corn & Rice)
- Essentially You/Toasted Rice
- Frosted Shredded Wheat/Frosted Wheat ★
- Instant Grits – Original/Regular
- Instant Oatmeal – Original/Regular ★ (11.8 oz.)
- Strawberry Frosted Shredded Wheat ★
- MultiGrain Flakes
- MultiGrain Medley, Tasteeos, Spins, or Toasted Cereal ★
- Nutty Nuggets/Crunchy Nuggets/Crunchy Wheat ★
- Oat Crunch/Oat Wise/Oat Squares/Lively Oats
- Oats & More with Almonds/Almonds & Oats
- Oats & More with Honey/Honey & Oats
- Rice Squares, Biscuits, Crisps, or Pockets
- Toasted Oats/Tasteeos/Toasted Oat Spins/Happy O's ★
- Wheat Flakes
- Wheat Squares, Biscuits, or Crisps ★

Cream of Wheat o Rice



- Cream of Rice:
 - (Crema de Arroz)
 - Stove Top & Instant GF
- Cream of Wheat:
 - Whole Grain ★
 - Stove Top & Instant
 - 2½ minute, 1 minute & Instant

This document has been edited for use in the Child Care Food Program.

*Please note, portion sizes listed on the label may vary. All cereals on this list meet the 6g sugar per dry ounce limit.