

CHILDREN'S FOOD CHART

VEGETABLES

Fresh, Frozen, Canned, Dried

- 151 Asparagus C
- 152 Avocado
- 153 Bean Sprouts C
- 156 Beets
- 160 Bok Choy AC
- 157 Broccoli AC
- 161 Brussels Sprouts C
- 185 Butternut Squash AC
- 162 Cabbage C
- 163 Carrots A
- 164 Cauliflower C
- 165 Celery
- 145 Celery and Carrot Sticks *
- 166 Corn
- 241 Cucumber and Celery *
- 167 Cucumbers
- 168 Eggplant
- 154 Green Beans
- 170 Jicama
- 171 Kohlrabi C
- 172 Mixed Vegetables
- 173 Mushrooms
- 174 Okra C
- 176 Olives
- 177 Parsnip C
- 178 Peppers, Green/Red C
- 180 Pickles
- 175 Plantain *
- 214 Potatoes, Scalloped C
- 181 Pumpkin AC
- 242 Salsa
- 182 Sauerkraut
- 183 Seaweed
- 184 Squash C
- 186 Squash / Zucchini C
- 205 Stew Vegetables
- 210 Sweet Potatoes AC
- 241 Swiss Chard ACI
- 201 Tomato Sauce AC
- 187 Tomatoes AC
- 204 Turnip Greens AC
- 155 Wax / Yellow Beans CI

BEANS

- 216 Baked Beans I
- 226 Bean Soup I
- 220 Black Beans I
- 217 Great Northern Beans I
- 218 Lima Beans CI
- 221 Navy Beans I
- 222 Pinto Beans I
- 223 Pork and Beans I
- 224 Red / Kidney Beans I
- 225 Refried Beans I

GREENS

- 227 Collard Greens AC
- 228 Kale AC
- 230 Lettuce
- 231 Mustard Greens AC
- 233 Salad (Tossed) *LD/SN
- 232 Spinach ACI

PEAS/LEGUMES

- 233 Blackeyed Peas I
- 234 Dried Peas I
- 235 Garbanzo Beans / Chick Peas I
- 236 Lentils I
- 237 Peas C
- 238 Peas and Carrots ACI
- 240 Split Pea Soup I

POTATOES

- 207 French Fries C
- 212 Hash Browns C
- 213 Instant Potatoes C
- 215 Potato Soup C
- 206 Potatoes C
- 211 Sweet Potato Fries *
- 208 Tater Tots C

TOMATOES

- 202 Stewed Tomatoes AC
- 203 Tomato Soup AC

FRUITS

Fresh, Frozen, Canned, Dried

- 01 Apples C
- 02 Applesauce C
- 03 Apricots A
- 04 Bananas C
- 05 Blackberries C
- 06 Blueberries C
- 07 Boysenberries
- 08 Cantaloupe AC
- 10 Cherries A
- 11 Cranberries
- 12 Dates
- 13 Figs
- 14 Fruit Cocktail AC
- 15 Fruit Salad AC
- 17 Grapefruit C
- 18 Grapes
- 20 Honeydew Melon AC
- 21 Kiwi C
- 22 Mandarin Oranges AC
- 23 Mangos AC
- 24 Nectarines AC
- 25 Oranges C
- 26 Papaya AC
- 27 Peaches AC
- 28 Pears C
- 30 Pineapple C
- 31 Plums AC
- 33 Prunes AI
- 34 Raisins I
- 35 Raspberries C
- 36 Rhubarb
- 32 Seasonal Fruit
- 37 Star fruit
- 38 Strawberries C
- 40 Tangerines C
- 41 Ugli Fruit
- 42 Watermelon AC

8 Months or Older

Fresh, Frozen, Canned

- 51 Apple Cider C
- 52 Apple Juice C
- 50 Apple-Cherry Juice C
- 53 Apple-Grape Juice C
- 54 Apple-Pear Juice C
- 55 Apple-Raspberry Juice C
- 56 Carrot Juice *A
- 57 Cherry Juice A
- 58 Grape Juice C
- 60 Grapefruit Juice C
- 61 Mixed / Blended Juice (100% Juice)
- 62 Orange Juice C
- 63 Orange-Banana Juice C
- 64 Orange-Pineapple Juice C
- 65 Peach Juice C
- 66 Pear-Apple Juice C
- 67 Pear-Grape Juice C
- 68 Pineapple Juice C
- 70 Prune Juice AI
- 71 Raspberry Juice C
- 72 Strawberry Juice C
- 73 Tangerine Juice C
- 74 Tomato Juice / VS *AC

MILK

- 4 Flavored Milk 1% or Fat-free (Ages 6+)
- 5 Lowfat Milk - 1% *A
- 6 Skim Milk - 1/2% *A
- 9 Special Provision Milk (Dr Statement Required) *
- 7 Whole Milk *A

LEGEND

*	Not Reimbursable for Infants Under 1 Year
BR/SN	Breakfast or Snack Only
HM	Homemade
SN	Snack Only
ACI	Vitamins A, C and Iron

INFANT FOOD CHART

MEAT & EGGS

- 210 Infant Egg (whole) LD
- 217 Yogurt (infants) LD
- 211 Infant Beef
- 212 Infant Chicken
- 213 Infant Ham
- 214 Infant Lamb
- 215 Infant Turkey
- 216 Infant Veal

IRON FORTIFIED INFANT CEREAL

- 201 Infant Barley Cereal
- 202 Infant High-Protein Cereal
- 203 Infant Mixed Cereal
- 204 Infant Oatmeal Cereal
- 218 Infant Ready-to-eat Cereal
- 205 Infant Rice Cereal
- 201 Infant Barley Cereal
- 202 Infant High-Protein Cereal
- 203 Infant Mixed Cereal
- 204 Infant Oatmeal Cereal
- 205 Infant Rice Cereal

FORMULA

- 13 Parent Supplied Formula / Breast Milk
- 11 Provider Supplied Formula / Iron Fortified
- 12 Special Provision (Dr statement reqd)

VEGETABLES / FRUITS

Make selections from the regular food chart.

Juice is only allowed at snack and only for infants 8 to 12 months.